



TREASURE TROVE

Senior Newsletter



October 2026

Medicare Open Enrollment

Medicare Open Enrollment begins Thursday, October 15th and lasts until Monday, December 7th. It is important that you check your

Medicare notices for changes to your prescription drug coverage. There are some plans (both Part D and Medicare Advantage) that will no longer be available next year. I

would be happy to sit down with you to compare the options available to you. Debbie Weyer will also be here once in October and again in November. If you would like to meet with her, contact me for an appointment.

Trealta

Trealta is an online platform that is available in our area at no cost and is designed to support caregivers. On Thursday, September 22nd I will be presenting information on this new addition

to the people of our community at the Community Center at 10:00. Trealta offers many resources for caregivers such as articles, videos, lessons, support groups and classes, tips and help for reducing caregiver stress and preventing burnout. It covers a wide variety of

caregiving and health topics making it beneficial for not only caregivers but also those wanting to understand specific health conditions. I am really excited that this resource is available to us and hope people take advantage of it. If you are unable to stop in at 10:00 on the 22nd but would like information on this, please get a hold of me.

Activities

Mondays - Quilters 9-1

Tuesdays & Wednesdays - Cards 1-4

Tuesdays & Thursdays - SAIL 11-12

Wednesdays - Congregate Meal 5

October 7th - Foot Clinic 9-3

October 8th - Flu Shot Clinic at
Public Health 10-12
- Bingo 1-3

October 15th - Medicare Open Enrollment begins

October 18th - Senior Citizen Board
Sponsored Meal 1

October 21st - Debbie Weyer 10-2

October 22nd - Blood Pressure Checks 9-11
- Introduction to Trealta 10-11

October 29th - Halloween Candy Handout 12:30

FYI

- Public Health will be offering a flu shot clinic on Thursday, October 8th from 10:00-12:00 at the clinic.
- Public Health nurse, Laini McNaney, will be at the Community Center October 22nd from 9:00-11:00 providing blood pressure checks.
- We will be handing out Halloween candy to the Elementary students again this year on Thursday, October 29th at the Community Center.

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